

Dress Requirements

We have a dress code in place so that instructors can clearly see the dancer's body in order to make the necessary corrections. A dress code also helps to promote unity and equality within the classroom. A neat and clean appearance makes the dancers look and feel more professional and provides fewer distractions during class. No excess warm-up clothing will be permitted unless the instructor gives special permission.

All ladies with long hair should plan to wear a firmly secured bun for ballet classes with no hair hanging in their face. **Use hairpins and a hairnet** so the bun doesn't fall out when the dancers turn. Gentlemen should also style hair so that it does not cover the face or eyes. Gentlemen with long hair should pull it up off the face and neck. All long hair should be pulled off the face and neck into a neat ponytail or bun for jazz, tap, lyrical and modern classes.

Des Moines area dance supply stores - Mark's Dancewear in Johnston and Elite Dance Outfitters in Clive both carry all of our dress requirement items.

Children's Division and Open Division Classes

Clothing -

-Creative Movement, Pre Ballet, Kindercombo:

Girls - Pink tights worn under any type and style of leotard (you are free to choose solid color or patterns)

Boys: Tight white or black t-shirt or tank top with black shorts, black pants or black leggings and white socks.

-Ballet and Pointe classes:

Ladies - Pink tights worn under a solid colored leotard. The leotard should NOT have a skirt or shorts attached.

Gentlemen - Form-fitting white t-shirt, men's leotard, or tank top and black tights or black long leggings.

-Jazz, Tap, Modern, Lyrical, Pilates, Yoga classes: Any color tights or form-fitting leggings, or gym shorts /booty shorts with a leotard or form-fitting tank top or t-shirt. No baggy clothing such as sweatpants or loose t-shirts will be permitted.

Shoes -

Creative Movement: Girls: NEW THIS YEAR – Bloch S0227G Belle pink leather ballet shoes **Boys:** Capezio Black leather ballet shoes

Pre Ballet: Girls: NEW THIS YEAR – Bloch S0227G Belle pink leather ballet shoes **Boys:** Capezio Black leather ballet shoes

Kindercombo: Girls: NEW THIS YEAR – Bloch S0227G Belle pink leather ballet shoes **AND** Capezio #625 black patent leather tap shoes

Boys: Capezio Black leather ballet shoes **AND** Capezio or Bloch Black leather tap shoes with tie shoestrings.

Jazz: Bloch Phantom tan canvas jazz shoes

Tap: Capezio Flexmaster OR Bloch Tap Flex black tap shoes

Ballet: Bloch Synchrony split-sole canvas shoes So625L – Pink for Ladies, Black for Gentlemen

Lyrical: Bloch Soleil Foot Gloves – nude/flesh

Modern: Barefoot, no shoes

****Competition Team dancers may have additional, different shoe/color requirements.****

Pre-Professional Division

In this division each level will wear a specific color of leotard for **all** of their classes, but you may purchase any brand or style that you choose. This helps to indicate level within combined classes. These leotards may also be used as part of a concert costume at the end of the year concert performance.

Ladies:

Pro Level 1: Pale pink leotards

Pro Level 2: Black leotards

Pro Level 3: Burgundy leotards

Pro Level 4: Navy Blue leotards

Pro Level 5: Red leotards

Gentlemen of all Pro Levels: Form-fitting white or black t-shirt, tank top or men's leotard with black tights or black long leggings.

We, the undersigned, have read the dress requirement sheet and agree to abide by the stated dress codes. We understand that students who are not properly attired will not be permitted to take class.

Student's Name

Parent signature for those under age 18

(Please sign and attach this small portion of Page 2 of the dress code sheet to your registration form. Keep the top portion of the dress code sheet for your shopping needs and records.)

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