

Dress and Shoe Requirements

We have a dress code in place so that instructors can clearly see the dancer's body in order to make the necessary corrections. A dress code also helps to promote unity and equality within the classroom. A neat and clean appearance makes the dancers look and feel more professional and provides fewer distractions during class. No excess warm-up clothing will be permitted unless the instructor gives special permission.

All ladies with long hair should plan to wear a firmly secured bun for ballet classes with no hair hanging in their face. **Use hairpins and a hairnet** so the bun doesn't fall out when the dancers turn. Gentlemen should also style hair so that it does not cover the face or eyes. Gentlemen with long hair should pull it up off the face and neck. All long hair should be pulled off the face and neck into a neat ponytail or bun for jazz, tap, lyrical and modern classes.

For all ages and levels - in keeping with traditional ballet dress code etiquette, underwear should NOT be worn under tights when wearing a leotard or a costume. The dancer's tights serve as underwear.

-Des Moines area dance supply stores - Mark's Dancewear in Johnston and Elite Dance Outfitters in Clive both carry all of our dress requirement items.

-Bloch website address for easy online ordering of many of our dress and shoe requirement items:
<http://us.blochworld.com/quickcode/YIJDKT>

Children's Division and Open Division Classes

Clothing -

-Creative Movement, Pre Ballet, Kindercombo, & Combo 1:

Girls - Pink tights worn under any type and style of leotard (you may choose solid color or patterns on leotards)

Boys: Tight white or black t-shirt or tank top with black shorts, black pants or black leggings and white socks.

-Ballet - Beginning, Intermediate, Advanced and Adult:

Ladies - Pink tights worn under a solid colored leotard. The leotard should NOT have a skirt or shorts attached.

Gentlemen - Form-fitting white t-shirt, men's leotard, or tank top and black tights or black long leggings.

-Tumbling, Jazz, Tap, Modern, Lyrical, Pilates, Yoga classes: Any color tights or form-fitting leggings, or gym shorts /booty shorts with a leotard or form-fitting tank top or t-shirt. **No baggy clothing** such as sweatpants or loose t-shirts will be permitted.

Shoes -

Creative Movement & Pre Ballet: **Girls:** Bloch Belle S0227G Pink leather ballet shoes

Boys: Capezio Black leather ballet shoes

Kindercombo: **Girls:** Bloch Belle S0227G Pink leather ballet shoes **AND** Capezio #625 Black patent leather tap shoes

Boys: Capezio Black leather ballet shoes **AND** Capezio or Bloch Black leather tap shoes with tie shoestrings

Combo 1: Capezio Flexmaster OR Bloch Tap Flex Black tap shoes, **AND** Bloch Phantom canvas jazz shoes - Tan for Girls,

Black for Boys **AND** Bloch Synchrony split sole canvas ballet shoes S0625 - Pink for Girls, Black for Boys

Jazz, Beg/Int/Adv and Pro levels : Bloch Phantom canvas jazz shoes - Tan for Girls, Black for Boys

Tap, Beg/Int/Adv classes: Capezio Flexmaster OR Bloch Tap Flex Black tap shoes

Ballet, Beg/Int/Adv and Pro levels: Bloch Synchrony canvas shoes S0625G -girl sizes, S0625L -adult sizes. Pink for Ladies, Black for Gentlemen

Lyrical: Bloch Eclipse - nude color

Contemporary: Bloch Eclipse - nude color

Modern, all levels: Barefoot, no shoes

Tumbling, all levels: Barefoot, no shoes

Competition Team dancers may have additional, different shoe/color requirements.*

Pre-Professional Division

In this division each level will wear a specific **SOLID color** leotard for **all** of their classes, but you may purchase any brand or style that you choose. This helps to indicate level within combined level classes. **The leotard should not have any contrasting trim or sleeve colors or contrasting colored designs/prints, etc.**

Ladies:

Pro Level 1: Solid Pale pink leotards

Pro Level 2: Solid Black leotards

Pro Level 3: Solid Burgundy leotards

Pro Level 4: Solid Navy Blue leotards

Pro Level 5: Solid Red leotards

Gentlemen: ALL all Pro Levels: Form-fitting white or black t-shirt, tank top or men's leotard with black tights or black long leggings.

****Please see page 2 for an agreement form to sign and return to the office upon registering, please keep page 1 for your shopping needs****

Dress and Shoe Requirement Agreement Form

We, the undersigned, have read the dress and shoe requirement sheet and agree to abide by the stated dress codes. We understand that students who are not properly attired will not be permitted to take class.

Student's Name

Parent signature for those under age 18

Please sign this sheet (page 2) and turn in with your registration form. Keep the dress and shoe requirement sheet (page 1) for your shopping needs and records.